KODIAK COMMUNITY RESOURCE LIST



Kodiak Area Native Association (KANA)

Website: www.kodiakhealthcare.org

Mailing/Main office: 3449 Rezanof Dr. East

Main number: (907) 486-9800

Near Island office: 194 Alimaq Drive Community Services: (907) 486-9879 Mill Bay Clinic: 2414 Mill Bay Rd. Mill Bay Clinic: (907) 486-7300

Table of Contents

Aging Adult Services 2	Healthcare Services (Uninsured) 1
Children's Services	Housing & Shelter Assistance1
Clothing 5	Legal Assistance1
Disability Service Providers 5	Other1
Durable Medical Equipment 6	Parenting Support12
Educational Resources 6	Prevention and Substance Abuse Services 1
Employment Services	Social Services1
Food Assistance 8	Transportation1
Healthcare Services9	Veteran Information

This is a dynamic document: Names, positions, and program information are subject to change. Please send updates and report omissions to: ETSS@kodiakhealthcare.org or call 907.486.9879.

Last updated: July 2017~KM

AGING ADULTS SERVICES

Adult Protective Services – State of Alaska Senior and Disabilities Services

Website:

http://dhss.alaska.gov/dsds/Pages/aps/default.aspx

Contact......1(800) 478-9996

 Helps to prevent or stop harm from occurring to adults who are incapable of taking care of themselves

Bayview Terrace Assisted Living

PO Box 208

Location: 309 Erskine Avenue Website: www.bayviewkodiak.com

Email: <u>bayviewalf@gci.net</u>

Contact.....(907) 486-4733

- Medicaid & Insurance Accepted
- Housing Vouchers Accepted

Kodiak Island Housing Authority

(See Listing Under Housing & Shelter Assistance)

Emerald Heights Apartments

Location: Alimaq Drive – Near Island

Contact.....(907) 486-0231

- Housing Suites for ages 55+
- Native preference

Heritage Heights

- Safe and Affordable Senior Living
- Assistance with:
 - Daily living activities
 - o Light housekeeping
 - Laundry services
 - Meal preparation and delivery

Transportation services

Senior Benefits – State of Alaska Division of Public Assistance

855 W. Commercial Dr.

Wasilla, AK 99654

Website:

http://dhss.alaska.gov/dpa/Pages/seniorbenefit s/default.aspx

Contact......1(888)352-4150

- Age 65 or older
- Live in Alaska voluntarily and intend to make Alaska your home
- Income under the limits for senior benefits

Senior Citizens of Kodiak, Inc.

302 Erskine Avenue

Website: www.kodiakseniorcenter.org

Kodiak Senior Center

Contact	(907) 486-6181
Toll-Free	1(800) 774-6181

- Mon Fri, 8:30am 5:00pm
- Supportive services for individuals age 60 and over
- Information & referral including benefits, housing, Medicare, etc.
- Activities, exercise & special events
- Congregate meals 5 days a week
- Home delivered meals 7 days a week
- Transportation through KATS
- Equipment loans
- Medical Power of Attorney and Advanced Directives paperwork available at Senior Center

Family Caregiver Support Program

Contact	(907) 486-6181
Toll-Free	1 (800) 774-6181

- Serving people 60 and older and their families no matter where the senior lives
- Family support groups
- Respite
- Lifeline services
- Training
- Lending Library

Island Cove Adult Day Program

Website:

www.kodiakseniorcenter.org/services/island-cove.html

Contact	(907) 486-2203
Toll-Free	1(800) 774-6181

- Hours: Mon Fri, 8:00am 5:00pm
 Sat and Sun 9:30am 3:00pm
- An active and safe environment for seniors and those with dementia, traumatic brain injury and other disabilities

Senior in Home Services

Contact	(907) 486-6181
Toll-Free	1(800) 774-6181

- For people 60 and older
- Case management
- Chore services

Additional Online Resources to Consider:

Legal Resources for Seniors

www.justgreatlawyers.com/legal-resourcesconsiderations-seniors-special-needs

Making the Move to Assisted Living

www.homecity.com/making-the-move-to-assisted-living

CHILDREN'S SERVICES

KANA Child Care Assistance Services

Location: 194 Alimaq Drive Mailing: 3449 Rezanof Drive East

Contact.....(907) 486-9820 Fax.....(907) 486-4829

- Serving Alaska Native and American Indian
- Hours: Mon Fri, 8:00am 4:30pm

KANA Infant Learning Program (ILP)

Location: 194 Alimaq Drive Mailing: 3449 Rezanof Drive East

Contact.....(907) 486-1366 Fax.....(907) 486-1345

- Developmental screenings and evaluations for children birth to age three.
- The Ages & Stages Questionnaires for families who want to monitor and learn about their child's growth and development.
- Assistance to any family whose infant or toddler is at risk for developmental delay or has been identified with special needs.
- Assistance to parents interested in learning ways to play with their young child to encourage learning and development.
- Toddler group offered to families with children enrolled in ASQ/ILP.

KANA Kodiak Child Advocacy Center (CAC)

Contact.....(907) 486-1378

 Specialized facility in which a multidisciplinary team of representatives from many agencies work together to conduct interviews, provide medical care and make team decisions about the investigation, treatment, management and advocacy of child maltreatment cases.

Kodiak Baptist Mission (KBM)

1944 East Rezanof Drive

Website: <u>www.kodiakbaptistmission.org</u>
Contact......(907) 486-4126
Fax.....(907) 486-5567

Sonshine Christian Preschool and Daycare

- Hours: Mon Fri, 7:30am to 5:30pm
- Year round service provided
- Ages 3-5
- Scholarships Available

Afterschool Recreation for Kids (ARK)

- Hours: Mon Fri, afterschool and "No School" days
- Afterschool pick-ups are available from ALL elementary schools
- Services during the school year
- Grades: K 5
- Scholarships Available

Island Summer Adventures Day Camp

- Hours: Mon Fri, 7:30 5:30
- Services all summer
- Children entering Grades 1-8
- Scholarships Available

Kodiak Christian School

3300 Rezanof Drive

- Preschool through eighth grade
- Holistic approach to education
- Christ-centered educational program

Kodiak Crisis Pregnancy Center

(See Listing Under Parenting Support)

Kodiak Island Borough School District Developmental Pre-School

722 Mill Bay Road

Website: www.peterson.kibsd.org

Contact(907) 481-6415

Contact Kim Saunders

Email ksaunderso1@kibsd.org

Kodiak Public Library

612 Egan Way

Contact.....(907) 486-8686

Lap Sit Story Time

- Every Wednesday 10:30am 10:50am
- Ages o-36 months old
- Enjoy age-appropriate stories and songs as you bond with your child

Toddler Story Time

- Every Friday 10:30am 10:50am
- Ages 3 years old
- Expose kids to everyday concepts and vocabulary through stories

Discover Story Time

- Every Thursday 11am 11:30am
- Ages 4-5 years old

Kodiak National Wildlife Refuge Visitor Center

402 Center Ave

Contact.....(907) 487-2626

Salmon Camp

- Educate youth about Kodiak's natural and cultural systems
- Scholarships available
- Grades K−8

FUN Program

- Every Tues 10:30am 11:15am
- Ages 3-5 years old
- Stories, songs, puppets, and crafts

The LeeShore Center - State of Alaska

325 S. Spruce St, Kenai AK
Website: www.leeshoreak.org
Child Care Assistance Program

Contact.....(907) 287-4707 Fax.....(907) 283-4681

- Hours: Mon Fri, 8:00am to 5:00pm
- Assisting Natives & non-Natives

MOPS-Mothers of Preschoolers

416 Island Lake Road, Kodiak Bible Chapel Website:

www.facebook.com/groups/223626757693986/ Contact(907) 486-5219

- Meets 1st and 3rd Tuesdays, Sept. thru May
- Program designed to nurture expectant mothers up to those with 5 year olds
- Child care in the MOPPETS Program is split into three age classes:
 - Birth-2 Years
 - o 2-3 Years
 - o 4-5 Years

Office of Children's Services

316 Mission Rd Suite 215

Website: www.dhss.alaska.gov/ocs

Child Abuse and Neglect Services

Foster Care

River of Life Christian Fellowship Daycare Center

2050 Selief Lane

Email:

 $\frac{river of life christian fellow ship day carecenter \textcircled{a} al}{aska.net}$

Contact......(907) 486-7652 Contact.....(907) 654-4617 Fax......(907) 486-7653

• Open Mon-Fri

• Daycare hours: 7:30 AM-5:30 PM

Accepts Ages: 0-12 years

Rural CAP - Kodiak Head Start

419 Hillside Drive

Website: www.ruralcap.com

Preschool

Contact.....(907) 486-4963

- Assisting all low income families
- Ages 3 to 5

Rural CAP - Parents as Teachers

• (See Listing Under Educational Resources)

St. Mary's Preschool

2932 Mill Bay Rd.

 $Website: \underline{www.stmaryskodiak.org}$

Contact.....(907) 486-3513

- Open Mon Fri
- 8:30am 11:30 am

St. Paul's Preschool

3077 East Rezanof Drive (Spring Hill Hall)

Website:

www.facebook.com/stpaulpreschoolkodiak

Contact.....(907) 486-5317 Fax.....(907) 486-6840

- Open Mon Fri
- Daycare hours: 7:30am 5:00pm
- Morning Preschool 9:00am 11:30am
- Afternoon Preschool 12:30pm 3:00pm
- Accepts ages 24 months 8 years

Sun'aq Tribe of Kodiak

312 West Marine Way

Website: www.sunaq.orq

Child Care Assistance Program

Contact... (907) 486-4449 Fax..... (907) 486-3361

• Serving Sun'aq tribal members only

United States Coast Guard – Base Kodiak

Contact.....(907) 487-5760

Child Development Center

Building N-41

Contact......(907) 487-5481

- Monday Friday (Closed federal holidays)
- Serving ages 6 weeks 12 years
- Accredited by the National Association for the Education of Young Children
- Priority enrollment to USCG personnel and other federal employees

Child Development Services

Building N-27 (5th Floor of Commissary) Contact......(907)487-5525 ext.2

- Family Child Care Certification for Coast Guard Housing
- Red Cross Babysitter's Training for military youth
- Connecting military families to youth services in Kodiak

CIOTHING

Coastal Creations

1517 Mill Bay Road Suite 3 Contact.....(907) 486-8898

- Consignment Clothing
- Hours: Vary by season

High Tide Consignment Store

202 East Rezanof Drive (Above Monk's Rock Café)

Contact.....(907) 481-1625

Hours: Mon - Fri 11:00am to 4:00pm

Kodiak Area Native Association

Location: 194 Alimag Drive

Family Services

Contact.....(907) 486-9882

- Drop off Diaper Drive
- Assisting low income families
- Works with KWRCC and Kodiak Crisis Pregnancy

Kodiak Crisis Pregnancy Center

(See Listing Under Children's Services)

Kodiak Women's Resource & Crisis Center

(See listing under Housing and Shelter Assistance)

The Salvation Army Thrift Store

Location: 1855 Mission Road

Mailing: PO Box 484

Website:

www.salvationarmyalaska.org/alaska/kodiak_c

orps

Contact	(907) 486-8530
Fax	(907) 486-2978

- Hours: Tuesday Saturday, 10:00am 4:00pm
- Donations also accepted at this location

St. Mary's Thrift Store

2918 Mill Bay Road

Website: www.stmaryskodiak.org

Contact.....(907) 486-5408

Hours: Thurs – Sat 10:00am – 4:00pm

DISABILITY SERVICE PROVIDERS

Alaska Social Security Office

Kodiak Location: Kodiak Job center 211 Mission Road, Suite 103

Contact(907) 486-3105

- Staff from Alaska's Social Security office is available to answer questions via videoconferencing.
- Every second and fourth Tuesday of each month from 9 a.m. to noon.

Alyeska Vocational Services

2221 E. Northern Lights Blvd Ste 108 Anchorage AK, 99508

Website: www.wvs.org
Email: navigator@wvs.org

Contact.....(907) 562-7019 Fax.....(907) 344-7284

 Providing a range of resources and services to deaf and hard of hearing Alaskans to improve long-term employment and housing options

ATLA (Assistive Technology of Alaska)

3330 Arctic Blvd Ste 101 Anchorage, AK 99503

Website: www.atlaak.org
Email: atla@atlaak.org

- Assisting with blind/low vision, communication, deaf/hard of hearing, environmental controls, and learning barriers.
- Assisting any age, living in Alaska, and needing assistive technology

Independent Living Center

Aging and Disability Resource Center (ADRC)

- Eligibility and pre-screenings for Medicaid waivers
- Information and Referral services

Short Term Assistance and Referral Program (STAR)

 Assistance in accessing resources for individuals with intellectual and developmental disabilities

Veterans Options for Independence, Choice and Empowerment (VOICE)

 Veteran-Directed Home and Community Based Services Program (VD-HCBS)

KANA Tribal Vocational Rehabilitation

Location: 194 Alimaq Drive Mailing: 3449 Rezanof Drive East

Contact.....(907) 486-1361

Fax.....(907) 486-4829

- Assisting Native individuals with disabilities/barriers to employment
- Employment counseling and guidance
- Job development and job skills training
- Vocational training and education

State of Alaska Department of Public Assistance

211 Mission Road Suite 101

Website: <u>www.labor.state.ak.us/DVR</u> *Division of Vocational Rehabilitation*

Contact.....(907)486-5787/5788 Fax.....(907) 486-2734

- Mon. Fri. 8:00am 5:00pm
- Assisting all Kodiak Island residents
- Assisting individuals with disabilities

Threshold Services

(See Listing under Employment Services)

DURABLE MEDICAL EQUIPMENT

Geneva Woods

44604 Sterling Hwy. Suite C Soldotna, AK Contact......(907) 262-2424 Fax.....(866) 628-6832

- Hours: Mon Fri 9am 6pm
- Home Medical Equipment and Supplies
- Retail and Compounding Pharmacy

 All major insurances accepted, including Medicare, Medicaid and Tricare

PROCARE Home Medical

713 Northway Drive Anchorage, AK

Contact......(907) 274-0770 Fax(907) 274-0773

- Home Medical Equipment and Supplies
- Accept most major insurance, including Medicare and Medicaid
- Accepts private pay

Senior Citizens of Kodiak Inc.

(See Listing Under Educational Resources)

Terra Cupp (Local Resident)

Contact......(907) 942-5499

- Lending Closet
 - Beds, walkers, crutches, commodes, suction machines, splints, scooters, canes, etc.
 - Adult diapers (lots of size XL and XXL)

EDUCATIONAL RESOURCES

KANA EMS Training Courses

Location: 3449 Rezanof Drive East Contact.....(907) 486-1354

 Offering EMT-1 (Basic), ETT (Emergency Trauma Technician, BLS (Basic Life Support), CPR, First Aide, Baby Sitter CPR/First Aide, AED, and CPR/AED combo classes. Call to set up a training course or for more information. Maximum class size is 12 people per instructor.

KANA Higher Education Scholarships

Location: 194 Alimaq Drive Mailing: 3449 Rezanof Drive East

Contact......(907) 486-9820

 Financial Aid for Akhiok, Kaguyak, and Port Lions tribal members

Contact.....(907) 486-1358

• Financial aid for Tangirnaq Tribal members

KANA Infant Learning Program (ILP)

(See Listing Under Children's Services)

KANA Tobacco Prevention and Control Program

(See Listing Under Prevention Services)

KANA Women, Infant, and Children (WIC) Program

(See Listing Under Food Assistance)

Kodiak College - University of Alaska Anchorage

Location: 117 Benny Benson Dr Website: www.koc.alaska.com

Adult Basic Education

Contact.....(907) 486-1201

- GED Courses
- English as a Second Language
- Career and College Preparation
- Citizenship courses

Learning Center

Contact.....(907) 486-1203

Offers tutoring

Hours: Mon – Thurs 10am – 8pm
 Fri 10am – 5pm

Library

Contact.....(907) 486-1238

- Mon Thurs 11am 8pm
- Fri 11am 5pm
- Sat Noon 5pm

Student Services

Contact......(907) 486-1266 Fax.....(907) 486-1264

 Registration, Education Counseling, Financial Aid

Kodiak Crisis Pregnancy Center

(See Listing Under Children's Services)

Kodiak Island Borough School District

722 Mill Bay Rd.

Contact.....(907) 481-6200 Fax....(907) 481-6218

Learning Café

115 Upper Mill Bay Road, Ste. 101

Website: www.kibsd.org

Contact.....(907) 481-6247

 Hours: Mon – Thurs 8:00am to 5:00pm and Fri

Rural CAP - Parents as Teachers

Location: 1941 B Mill Bay Rd Website: www.ruralcap.com

Contact......(907) 486-6540 Email.....hfoxworthy@ruralcap.com

 Providing information, support, and encouragement parents need to help their children to develop optimally during the crucial early years of life through free personal visits, group socials, screenings, and resource referrals

Providence Kodiak Island Medical Center

1915 East Rezanof Dr

Website: www.alaska.providence.org

Main Contact:.....(907) 486-3281

Kodiak Kindness

(See Listing Under Parenting Support)

Birthing Class

Contact.....(907)486-3281/9569

- Classes taught by Providence nurse
- Suggest to start taking classes at or before 20 weeks of pregnancy
- Every Wednesday from 5:30pm 6:45pm
- Classes are free

American Heart Association

Contact......(907-486-9569

- Basic Life Support (BLS) skills check off
 - Course must be completed online prior to skills check off
 - o 2nd Thursday each month
 - o Start at 3:00pm

Senior Citizens of Kodiak Inc.

(See Listing Under Social Services)

Sun'aq Tribe of Kodiak

312 West Marine Way

Website: www.sunaq.org

Higher Education

Contact.....(907) 486-4449 Fax(907) 486-3361

• Assisting Sun'aq tribal members only

KANA Tribal Vocational Rehabilitation

(See Listing Under Disability Service Providers)

State of Alaska Division of Vocational Rehabilitation

(See Listing Under Disability Service Providers)

Alyeska Vocational Services

(See Listing Under Disability Service Providers)

EMPLOYMENT SERVICES

Human Resource Center of Alaska

PO Box 8710

Location: 202 Center Ave

Contact.....(907) 486-7614 Fax.....(907) 486-3308

- Hours: Mon Fri, 9:00am 5:00pm
- Temporary employment agency
- Licensed security Guard Facility
- Offering Copy, Fax, Internet, and Notary Services

KANA Employment, Training and Support Services Department

Location: 194 Alimaq Drive

Mailing: 3449 Rezanof Drive East

Contact.....(907) 486-9879

- Assisting all Alaska Natives and American Indians in Koniag region
- Employment resources (Job search, resume, application, interview preparation)
- Vocational/Technical training: Financial assistance for Alaska Natives and American Indians residing in Akhiok and Port Lions

Kodiak Job Center

211 Mission Road, Suite 103 Website: www.jobs.state.ak.us/ Email: <u>Kodiak.jobcenter@alaska.gov</u>

Contact (907) 486-3105 Fax..... (907) 486-4716

- Employment resources/Application assistance
- Veterans and rehabilitation services
- Unemployment

Threshold Services

380 Von Scheele Way

Website: www.thresholdkodiak.org

Contact.....(907) 486-6551

- Providing work and training opportunities for people with disabilities
- Volunteer opportunities

KANA Tribal Vocational Rehabilitation (See Listing Under Disability Service Providers)

State of Alaska Division of Vocational Rehabilitation

(See Listing Under Disability Service Providers)

FOOD ASSISTANCE

Brother Francis Shelter

PO Box 670

Location: 410 Thorsheim Street

Contact.....(907) 486-5610

- Emergency Shelter and Meals
- Assisting men, women, and children
- Hours: 7 days a week, 8:30pm 7:30am

 Homeless Prevention and Rapid Rehousing – 9:00am to 5:00pm

Food Stamps State of Alaska-Department of Public Assistance

211 Mission Road Suite 101 Website:

www.dhss.alaska.gov/dpa/Pages/fstamps
Contact.....(907) 486-3783
Fax.....(907) 486-3116

- Assisting all Kodiak Island residents
- Benefit amounts depend upon household size, net income, and location of residence.

KANA Title VI - Senior Meal Program

Contact.....(907)486-9859

- Serving Native and non-Native seniors aged 55 and up, their spouses, and disabled adults in the villages of Akhiok, Larsen Bay, Old Harbor, Ouzinkie, and Port Lions
- Congregate and home delivered meals provided in Ouzinkie, Port Lions, Larsen Bay and Old Harbor
- Quarterly food boxes provided in Akhiok

Kodiak Area Women, Infants, and Children (WIC) Program

Location: 2414 Mill Bay Rd Contact.....(907) 486-7312

- Assisting with supplemental foods
- Growth and development monitoring, diet assessment, and nutrition education services
- Breastfeeding services and support
- Assisting Native and non-Native community members

Kodiak Baptist Mission (Kodiak Island Food Bank)

1944 E Rezanof Drive

Website: www.kodiakbaptistmission.org
Contact(907) 486-4127

Hours: Mon 2:00pm - 4:00pm, Thurs
 12:00pm - 4:00pm

Kodiak Crisis Pregnancy Center

(See Listing Under Children's Services)

Kodiak Island Borough School District

722 Mill Bay Road

Website: <u>www.kibsd.org</u> **Summer Lunch Program**

128 Powell Ave - Main Elementary School Contact.....(907) 481-2287

- June 2nd August 14th
- Assisting low income households
- Public Assistance households and Migrant Education Students receive free meals
- Ages 1 to 18 receive free lunch
- Adults can receive lunch for \$5.00
- Applications are on available on website

The Salvation Army (Food Bank)

PO Box 484

Location: 1855 Mission Road

Website:

www.salvationarmyalaska.org/alaska/kodiak_c orps

Contact.....(907) 486-8740 Fax.....(907) 486-2978

• Hours: Fri 2:00 – 2:30pm

Senior Citizens of Kodiak, Inc.

(See Listing Under Social Services)

HEALTHCARE SERVICES

A Balanced Approach

PO Box 8502

Location: 3833 Rezanof Drive East Website: www.abakodiak.com

Contact.....(907) 512-0860

- **Group Fitness classes**
- **Personal Training Services**

Alaska Health Insurance Premium Payment Program (HIPP)

4710 Business Park Blvd, Ste F24 Anchorage, AK 99503

To help Medicaid and Denali KidCare recipients with costs associated with health insurance

Arctic Physical Therapy Services Inc.

813 Mill Bay Road

Website: www.arcticphysicaltherapy.com Contact.....(907) 486-4499

Orthopedic Services

- Back, Neck, Shoulder, Arm, Hip, Knee, and Foot/Ankle pain
- Rehabilitation after surgery
- Sacroiliac Joint Dysfunction
- Prenatal & Postpartum Pain
- **Custom Orthotic Fittings**

Neurological Services

- **Functional Mobility Training**
- General Strengthening and Conditioning
- Vestibular and Balance Disorders
- Fall Risk Prevention
- Home Safety

Gait Training

Treatment

- Therapeutic Exercises
- Work Ergonomics and Posture Retraining
- Manual Therapy
- Modalities to assist with pain reduction, inflammation reduction, edema reduction
- **Electrical Stimulation**
- Microcurrent e-stim
- Ultrasound
- Cervical and Lumbar Traction

Consumer Direct Personal Care

1941 Mill Bay Rd # B

Website: www.consumerdirectak.com Contact.....(907) 486-3070 Fax.....(907) 481-3071

- Providing in-home health maintenance support
- Accepts Medicaid, Medicare, Private Insurance and Private Pay

Hope Community Resources

917 Mill Bay Road

Website: www.hopealaska.org Contact.....(907) 512-2500

Fax.....(907) 486-5019

- Monday Friday 8:00am 5:00pm
- Providing services and support for individuals and families who experience developmental disabilities

Hospice and Palliative Care of Kodiak

PO Box 8682

Location: Providence Kodiak Island Medical

Website: www.hospiceofkodiak.org

Contact.....(907) 481-2450

Providing care for those in the Kodiak community facing threatening illness or loss.

KANA Behavioral Health

Mailing/Main office: 3449 Rezanof Drive East Contact.....(907) 486-9870

• Hours: Mon – Fri, 8:00am – 4:30pm

KANA Dental Clinic

Mailing/Main office: 3449 Rezanof Drive East Contact.....(907) 486-9850

• Hours: Mon – Fri, 8:00am – 5:00pm

KANA Medical Clinic

Mailing/Main office: 3449 Rezanof Drive East Contact.....(907) 486-9870

- Hours: Mon Fri, 8:00am 7:00pm
- Sat 9:00am 2:00pm

KANA's Parenting with Love and Limits

(See listing under Parenting Support)

KANA Substance Abuse Services

Mailing/Main office: 3449 Rezanof Drive East Contact.....(907) 486-9812

- Assisting Native & non-Native
- Chemical Dependency Program
- Meth and Suicide Prevention Program
- **Tobacco Cessation Program**

KANA Wellness Center

3400 Rezanof Drive East

Contact......(907) 486-1377

• Hours: Monday – Friday 5:30am – 8:00pm

Center

1915 E Rezanof Dr.

- Saturday Sunday 10:00am 4:00pm
- Alaska Natives and their spouses, Veterans, and KANA Employees
- Offering circuit training, pilates, and metcon fitness classes.
- Personal training available; call to set up an appointment and for more information.

Kodiak Community Health Center

1911 East Rezanof Drive

Website: www.kodiakchc.org

Contact......(907) 481-5000

Fax......(907)481-5030

- Mon Fri, 8:00am 7:00pm, Sat 9:00am –
 3:00pm
- Medical and Dental Services
- Adult Primary, Pediatric, Chronic Disease Management, Obstetrical (OB)
- Care & Deliveries

Kodiak Island Ambulatory Care Clinic

202 Center Ave Ste 102 Contact.....(907) 486-6188 Fax....(907) 486-6146

- Hours: Mon Fri 8:00am 6:00pm Sat 9:00am-1:00pm
- Assists everyone
- No insurance okay (self-pay option)
- Family Medicine, Urgent Care, Walk-in Clinic
- Offers Allergy Shots
- Laboratory Services

Kodiak Island Medical Associates

1818 Rezanof Drive

Website: www.kodiakclinic.com

Contact.....(907) 486-6065/3177

- Fax.....(907) 486-2248
- Hours: Mon Fri, 8:00am 5:00pm
- Family Medicine, newborn, pediatrics, obstetrics, adult medicine, emergency medicine, hospital care and hospice care

Kodiak Public Health Center

316 Mission Rd Suite 207

Contact.....(907) 486-3319

- Hours: Mon Fri, 8:00am 4:30pm
- Sliding fee scale; no one denied services due to inability to pay
- Services available for ages birth through 29
- Immunizations
- STI assessment, counseling and treatment
- Confidential teen services
- Birth control and Pregnancy screening
- Well Child checks up to age 6
- All ages TB evaluation, consultation and treatment

Mill Bay Health Center

2414 Mill Bay Rd

Contact.....(907) 486-7300

 Hours: Mon – Fri 8:00am – 6:00pm, Sat 10:00am – 5:00pm

North Pacific Medical Care

104 Center Ave Suite 100

Contact.....(907)486-4183

• Hours: Mon – Fri, 8:00am – 5:00pm

North Sister Yoga and Ayurveda

(See Listing Under Parenting Support)

Providence Kodiak Island Medical Center

1915 E Rezanof Drive

Website: www.alaska.providence.org

Contact	(907) 486-3281
Long Term Care Center	
1838 E. Chichenof Street	

Contact......(907) 486-7800

• 7 days a week, 24 hour elder care **Specialty Clinic**

Contact.....(907) 486-9580

 Pediatrics, urology, allergy, dermatology, podiatry, psychiatry, gynecology, audiology and ear, nose and throat specialists

Palliative Care Services

Contact.....(907) 486-9545

Therapy Services

Contact.....(907) 486-9515

- Services available to everyone
- Physical therapy
- Speech and Language
- Occupational Therapy
- Offers Pediatric services

Providence Kodiak Island Counseling Center

717 Rezanof Drive East

Website: <u>www.alaska.providence.org</u>
Contact......(907) 481-2400
Fax.....(907)481-2419

Alcohol Safety Action Program (ASAP)

Contact.....(907) 481-2413

Fax.....(907) 481-2420

Behavioral Health Clinician at Kodiak Kodiak Community Health Center (Primary Care)

Contact......(907) 481-5000

Mental Health Clinicians in the Schools

Program

Contact.....(907) 481-2400

Outreach Programs

Contact.....(907) 481-2400

Psychiatric Care and Outpatient Mental Health Counseling Services

Contact.....(907) 481-2400 **Psychiatric Emergency Services** Contact......(907) 486-3281 (PKIMC) Substance Abuse – Safe Harbor Program

Contact......(907) 481-2400 Urine Analysis and Breathalization Program Contact......(907) 481-2400

Fax.....(907) 481-2419 Emergency......(907) 539-1617

Senior Citizens of Kodiak, Inc.

(See listing under Social Services)

State of Alaska Department of Public **Assistance**

211 Mission Road Suite 101

Denali KidCare

Contact.....(888) 318-8890 Email.....denali.kid.care@alaska.gov

Health insurance coverage for pregnant women, children, and teens through age 18

Medicaid

Website:

www.dhss.alaska.gov/dpa/Pages/Medicaid Contact.....(907) 486-3783

Health insurance for low-income children, pregnant women, families, the elderly, blind and the permanently disabled

HEALTHCARE SERVICES -Uninsured/under insured

Kodiak Island Ambulatory Care Clinic (See Listing Under Healthcare Services)

Consumer Direct Personal Care

(See Listing Under Healthcare Services)

Kodiak Public Health Center

(See Listing Under Healthcare Services)

Providence Kodiak Island Medical Center (See Listing Under Healthcare Services)

State of Alaska Department of Public Assistance

211 Mission Road Suite 101

Chronic & Acute Medical Assistance

Website:

www.dhss.alaska.gov/dhcs/Pages/cama Contact.....(907) 486-3783

• Health Care Coverage for people age 21-64 who do not qualify for Medicaid benefits, have very little income, and have inadequate or no health insurance

Housing & Shelter Assistance

Alaska Housing Finance Corporation

521 Maple Avenue

Website: www.ahfc.us

Contact......(907) 486-5513

- Monday Friday 8:00am 5:00pm
- Public Housing Division (found locally in Kodiak): Offers both public housing and housing choice voucher programs only.

Bayview Terrace Assisted Living

(See Listing Under Aging Adult Services)

Brother Francis Shelter

PO Box 670

Location: 410 Thorsheim Street Contact.....(907) 486-5610

- **Emergency Shelter and meals**
- Assisting men, women, and children
- Hours: 7 days a week, 8:30pm 7:30am, with client intake from 8:30pm - 10:30pm
- Homeless Prevention and Rapid Rehousing – 9:00am to 5:00pm
- 30 day max stay

Providence Kodiak Island Medical Center -**Chiniak Bay Elder House**

Location: 1838 E Chichenoff St Contact.....(907) 486-7800

- 22 bed long term care
- Full dietary services, skilled nursing care, physical and occupational therapy, social services, activity therapy, spiritual services.
- A demonstrated need for 24 hour nursing care is required.

Fir Terrace Apartments

2610 Mill Bay Rd Apt E1

Contact.....(907) 486-4648

- Fully subsidized community
- Very low to moderate income families, elderly persons, and persons with disabilities

Kodiak Island Housing Authority

3137 Mill Bay Road

Website: www.kodiakislandhousing.com Contact.....(907) 486-8111

- Hours: Mon Fri, 8:00am 4:30pm
- All applications available online
- Drug and alcohol free housing

Native preference for:

- Life Builders Young Adult Transitional Housing
 - o Ages 18-24
 - For young adults ready to move toward self-sufficiency
 - Skill Building Program: Education, employment, money management, social skills, nutrition and cooking, emotional support, life skills
- Low Income and Fixed Income Housing
- Mortgage Loans
- Senior and Disabled Housing

Native only assistance for:

- Weatherization Renovation
- Rental Assistance Vouchers
- Student Rental Assistance

Kodiak Women's Resource & Crisis Center

PO Box 2122

Location: 422 Hillside Drive Website: www.kwrcc.org Email: kwrcc@gci.net

Contact	(907) 486-6171
Crisis Line	(907) 486-3625
Toll-Free	1(888) 486-3625
Fax	(907) 486-4264

- Serves Women, Children, and Men
- Services: Counseling, Support, Assistance
- Free assistance with protective orders, custody, divorce, dissolution, child support, victim's compensation & more.

State of Alaska-Division of Public Assistance

Website: www.dhss.alaska.gov/dpa/
Heating Assistance Program

Website: http://heatinghelp.alaska.gov

E-mail: liheap@alaska.gov

Assists Alaskan households with a portion of home heating expenses

General Relief Assistance

Contact.....(907) 486-3783

 Designed to meet the basic needs in emergency situations to include; shelter, utilities, food, and clothing.

The Salvation Army Transitional Housing

Location: 1855 Mission Road

Mailing: PO Box 484

Website:

www.salvationarmyalaska.org/alaska/kodiak_c orps

Contact	(907) 486-8740
Fax	(907) 486-2978

- Transitional housing for adults males who have completed residential substance abuse treatment programs, or those who need time to transition into permanent housing.
- Short term medical transitional living.
- The monthly fee for transitional housing is based in income
- Intake is by referral only Hours: Monday Thursday

LEGAL ASSISTANCE

Alaska Court Services

600 Barrow Street #100 Anchorage, AK 99501

Website: www.alaska-court.com

Kodiak Office.....(907) 481-3211

 Services offered: Service of Process, Bank Sweeps, Social Security Searches, Public Records Retrieval, Permanent Fund Dividend Execution, Address Searches

Alaska Immigration Justice Project (AIJP)

Website: www.akijp.org
431 West 7th Ave., Suite 208
Anchorage, AK 99501

Contact.....(907) 279-2457

- Providing low-cost immigration legal services to immigrants in all immigration applications, including citizenship applications, permanent resident status, work permits, family petitions, and petitions for domestic violence victims.
- Providing translation/interpretation services.

Alaska Legal Services Corp

Location: 100 Trading Bay Rd., Unit 5 Mailing: PO Box 2463 Kenai, AK 99611

Website: www.alsc-law.org E-mail: kenai@alsc-law.org

Contact	(907) 395-0352
	1(855) 395-0352
	(907) 486-3625
Fax	(907) 395-0938

 Serving Alaskans with the greatest social and economic need: Domestic violence victims, individuals with disabilities, and people residing in rural areas with limited access to legal counsel.

Alaska Pro Bono Program

(See Kodiak Women's Resource & Crisis Center Under Housing and Shelter Assistance)

Consumer Direct Personal Care

1941 Mill Bay Rd # B

Website: www.consumerdirectak.com
Contact.....(907) 486-3070

Fax.....(907) 481-3071

- Free Notary Services for Medical Power of Attorney (POA) and Advanced Directives
- Limited Medical POA Consumer Direct Customers only
- Durable POA won't advise, but will notarize

Disability Law Center of Alaska

http://www.dlcak.org

Email: akpa@dlcak.org

- 8:00 AM 4:30 PM
- Independent, nonprofit law firm providing legal advocacy for people with disabilities in Alaska.

Division of Juvenile Justice

204 Mission Rd, Rm 131

Website:

http://dhss.alaska.gov/djj/Pages/Probation/diversion.aspx

Contact.....(907) 486-4788 Fax.....(907) 486-3516

- Officers Don Lewis and Tim Luther
- Assisting minors up to age 19
- Helps low-risk juveniles offenders
- Hours: On-call 24 hours a day

Family Law Self-Help Center website:

http://www.courts.alaska.gov/selfhelp.htm

Contact...... 1(866) 279-0851

Kodiak Court House

204 Mission Road, Room 124 Contact.....(907) 486-1600 Jury Recording.....(907) 486-1601

- Superior Court
- Court records

OTHER

Alaska Temporary Assistance Program-State of Alaska Division of Public Assistance

211 Mission Rd, Ste 201

Contact.....(907) 486-3783

 Provides cash assistance and work services to low income families with children to help reach self-sufficiency.

Bayside Volunteer Fire Department

4606 E Rezanof Dr.

Contact.....(907) 486-4536

- First Saturday of the month at 10am
- Free monthly training covering a variety of topics related to safety

Kodiak Area Mentor Program (K.A.M.P)

Website: kodiakmentors.org

P.O. Box 2058

Contact.....(907) 486-2919

- Formalize mentorship program under the guidance of Alaska Correction Ministries.
- Helping individuals who have been or are currently involved in the criminal justice system.

The Landing

3416 Woodland Dr. – Kodiak Assembly of God Contact.....(907) 486-3894

- For students grade 6-12
- Fun, interactive, nationally recognized mentoring program
- Thursdays: Free dinner 6:30pm followed by youth meeting at 7:00pm

The Language Interpreter Center

Alaska Immigration Justice Project (AIJP)
Website: akijp.org/interpreter.html
431 West 7th Ave., Suite 208
Anchorage, AK 99501
Contact......(907) 279-2450

- Linking and providing qualified language interpreters to customers and organizations alike in order to assist Alaskans with limited English proficiency.
- Offers training and certifications to develop and maintain language interpreters/translators.

Law Project for Psychiatric Rights

406 G Street, Suite 206 Anchorage, AK 99501 Kodiak Location: 264 Lilly Drive

Contact.....(907) 486-7629

• Currently not accepting any pro bono cases

Senior Citizens of Kodiak, Inc.

(See listing under Aging Adults Services)

Alaska 211 HELP

701 W. 8th Avenue, Suite 230 Anchorage, AK 99501

Website: www.alaska211.org

 One-stop resource for connecting with a wide variety of vital resources in your community

Alaska Immigration Justice Project

(See listing under Legal Services)

Celebrate Recovery

3416 Woodland Dr. – Kodiak Assembly of God Contact.....(907) 486-3894

- International, Christ-centered program to help people recover from a number of hurts, hang-ups & habits
- Thursday nights, 6:30pm dinner followed by recovery program at 7:00pm

Immigration & Naturalization

620 East 10th Avenue, Suite 102 Anchorage, AK 99501 Contact.......1(800) 375-5283

KMXT

620 Egan Way

Website: www.kmxt.org

Contact.....(907) 486-3181 Fax.....(907) 486-2733

- Local public radio station
- Free advertising to Non-Profits

Kodiak Daily Mirror

1419 Selig Street

Website: www.kodiakdailymirror.com
Contact.....(907) 486-3227

Fax.....(907) 486-3088

Kodiak Public Library

612 Egan Way

Website: www.city.kodiak.ak.us/library
Contact.....(907) 486-8686

- Monday Friday 10 am to 9 pm; Saturday 10 am to 5 pm, Sunday 1 pm to 5 pm.
- Providing drop-in technology support regarding reading devices and access to online collections.
- Providing study and meeting space for interpretive, instructional and training purposes. Hosts community-wide cultural, literacy, and educational events.

The Language Interpreter Center

(See listing under Other)

The Latin Association of Women in Alaska

2932 Mill Bay Road

Contact.....(907) 942-2479 Fax.....(907) 486-2605

- Latino Women's Association
- Offering services in Spanish
- Activities to encourage and help Hispanic women to develop their skills and families

St. Mary's Marian Center

Location: 2934 Mill Bay Road

Mailing: PO Box 8756

Contact.....(907) 486-3820

• Open to public, rental facility

American Red Cross

610 Mill Bay Road

Website: www.redcross.org

Contact.....(907) 486-4040

Disaster relief

- CPR classes
- Contact & Locate family

Kodiak Children's Services

316 Mission Road, Suite 215

Contact.....(907) 486-6174 Fax.....(907) 486-4104

The Salvation Army

1855 Mission Rd

Contact.....(907) 486-8740 Fax.....(907) 486-2978

- Family Services
- Furniture (depending on availability)
- Food Resources
- Family Counseling
- Substance Recovery
- Disaster Relief Program
- Missing Persons
- AA and NA Programs Weekly

PARENTING SUPPORT

Bayside Volunteer Fire Department

4606 Rezanof Drive East

Website: www.kodiakak.us

Contact.....(907) 486-4536

- Main contact Fire Chief Howard Rue III
- Car seats available donation requested
- Car seat checks and installation

Bradley Birthing Services

Website: www.bradleybirth.com/cathiejoirwin
Email: cathiejo_io41@bradleyteacher.com
Contact(907) 486-2383

Cathie Luerssen Irwin

- Home Birthing Services
- Doula Services

Kodiak Area Native Association (KANA) (See Listing Under Healthcare Services)

KANA Infant Learning Program (ILP) (See Listing Under Children's Services)

KANA's Parenting with Love and Limits

Location: 3484 Rezanof Drive East
Mailing: 3449 Rezanof Drive East
Contact......(907) 486-9811

Fax(907) 486-3498

- Open to all residents of Kodiak and villages
- Evidence-based, brief, strategic family therapy
- For teens ages 10-17 and their caregivers
- Assisting in stress reduction regarding problem behaviors

Kodiak Community Health Center (See Listing Under Healthcare Services)

Kodiak Crisis Pregnancy Center

Location: 311 Center Avenue, Suite 211

Mailing: PO Box 1785

Website: www.kodiakpregnancyhelp.org

Email: borghy@kodiakag.org

Contact.....(907) 539-2229

- Offering information on adoption, parenting education, child and prenatal development and childbirth info.
- Offering free supplemental baby food and emergency formula.
- Free maternity and baby clothing.

 Referrals to other resources, advocacy, peer counseling, free baby furniture and items, diapers.

Kodiak Island Medical Associates

(See Listing Under Healthcare Services)

Kodiak Kindness

Contact.....(907) 539-2660

- Sponsored through Providence Kodiak Island Medical Center
- Available 7 days a week
- Open to all families with infants under 18 months old
- No cost for services
- Infant Nutrition Class
 - 1st Thursday of each month from 6:00pm – 7:30pm
- Services include:
 - Infant Nutrition and Breastfeeding Support
 - Medela breast pump loans
 - o Home visits
 - Baby weight checks

Midwifery Services – Elke Saunders, CPM

Website: www.elkesaunders.com Email: emscpm@gmail.com

Owner/Operator: Elke Saunders

- Midwifery Care
- Prenatal and Postpartum care
- Fertility and Miscarriage Support
- Birth Center and Hospital Doula Support
- Water and Home Birthing
 - o Birth Tub rentals
 - Placenta Processing

- Instruction including:
 - Childbirth Classes
 - Nutrition Consults
 - Breastfeeding Instruction
 - Pelvic Floor Training
 - o Postpartum Recovery

MOPS-Mothers of Preschoolers

(See Listing Under Children's Services)

North Sister Yoga and Ayurveda

323 Carolyn Street

 $Facebook: \underline{NorthSisterYogaAyurveda/}\\$

Email: daynabrockman@gmail.com

Contact.....(907) 512-7974

Owner/Operator: Dayna Brockman

- Doula Services
- Certified Yoga instructor
- Ayurvedic practitioner

Providence Kodiak Island Medical Center

(See Listing Under Education)

PREVENTION AND SUBSTANCE ABUSE SUPPORT

Careline Crisis Intervention

 Contact if in a crisis, a survivor, grieving, concerned about someone, or need to talk to someone

KANA Tobacco Prevention and Control Program

Location: 3449 Rezanof Drive East Mailing: 3449 Rezanof Drive East

Contact.....(907)486-9824/9847

- Providing education, prevention and policy development assistance concerning all aspects of Tobacco use.
- Referral system to Alaska's Free Tobacco
 Quitline 1-800-QUITNOW!
- Referral to the Substance Abuse Program within KANA for those seeking help to quit using Tobacco products.
- Open to Native and Non-Natives.

Substance Abuse and Mental Health Services Administration

Website: www.samhsa.gov

National Helpline......1(800)662-4357

 Individuals and families facing mental and/or substance use disorders

Veterans Crisis Line

(See Listing Under Veteran Information)

SOCIAL SERVICES

KANA's Parenting with Love and Limits

(See Listing Under Parenting Support)

Social Security - Anchorage Office

222 W 8th Ave Room A11 Anchorage, AK 99513

Contact......1(866) 772-3081

- Providing assistance with disability and retirement applications
- Applying for Social Security cards

State of Alaska-Division of Public Assistance Heating Assistance Program

(See Listing Under Housing)

Sun'aq Tribe of Kodiak

Location: 312 W Marine Way Website: www.sunag.org

Contact.....(907) 486-4449

Victim Services

- Support system for teens 15-17 years old suffering from abuse at home
- Provide support for LGBTQ & Two-Spirit for both youth and adults

TRANSPORTATION

KANA Van

Contact.....(907)486-9870

- Serves KANA beneficiaries
- Hours: Mon Fri, 8:00am 4:30pm
- Priority of transportation services: Medical, Behavioral Health and Community Services

Kodiak Area Transit System (KATS) 2014 Mill Bay Road

Website: www.katsbus.org

Contact.....(907) 486-8308

- Public Transportation Hours: Mon-Fri,
 7:00am-8:00am & 4:00pm-5:00pm, Sunday
 10:00am-3:00pm
- Coordinated Service Transportation Hours Mon-Fri 6:30am-6:30pm, Sat 10am-3pm

- Cost to ride is \$2.00 each way
- Scheduled service to medical appointments, work, shopping, and other activities
- To Dial-A-Ride call before 5:00pm the day before and before 5:00pm on Fridays for Saturday and Sunday rides
- Effective June 30th 2017, KATS will no longer service the US Coast Guard Base and the Airport

VETERAN INFORMATION

24/7 Support Services Veterans Crisis Line

• Help for veterans and their families

VA Combat Call Center

Contact......1(877)927-8287

• Can speak about their military experience or issues with readjusting to civilian life

National Call Center for Homeless Veterans Contact......1(877)424-3838

 For veterans who are homeless or at risk of being homeless

Alaska State Ferry

Website: http://www.dot.state.ak.us/amhs/ Email: dot.amhs.customer@alaska.gov

Disabled Veterans Ferry Pass

- Must have service-connected disability
- Pass entitles veteran and an attendant (if required by physician) to a reduced fare

Alaska Department of Natural Resources

550 W. 7th Ave, Ste. 1260 Anchorage, AK 99501

Website:

http://dnr.alaska.gov/parks/asp/vetpass.htm
Contact......907-269-8400

Alaska State Park Camping Pass

- Receive 1 Camping Pass for free, good for 2 years
- Apply in person at Anchorage, Fairbanks, or Kenai
- Call to inquire about required paperwork

Land Discount

- 25% discount on the purchase price of state residential/recreational land
- May only be used once in the veteran's lifetime

Alaska Department of Fish and Game

P.O. Box 115525 Juneau, AK 99811 Website:

http://www.adfg.alaska.gov/index.cfm?adfg=lic
ense.military#disabled vet

Contact.....(907)465-2376

Email: adfg.license@alaska.gov

Disabled Veteran Hunting and Fishing License

- Apply online
- Disability rating of 50% or higher from VA

The American Legion

318 Center Ave

Website: www.legion.org

Contact.....(907) 486-3258

Assistance with VA claims, assistance in finding employment, support for current

members of the military, financial advice, and social security assistance

Department of Motor Vehicles

2921 Mill Bay Rd.

Contact.....(907)486-4612

Disabled Veteran Plates

- Disability rating of 50% of higher from VA
- With or without wheelchair logo parking privileges
- Plates are free

Veteran Plates

Proof of service

Independent Living Center Veterans Options for Independence, Choice and Empowerment (VOICE)

(See Listing Under Disability Service Providers)

KANA Mill Bay Health Center Veterans Services

Location: 2414 Mill Bay Road Contact.....(907) 486-7300 Fax.....(907) 486-7301

- Hours: Monday Friday 8:00am to 6:00pm,
 Sat 10:00am to 5:00pm
- Services available to all veterans living in the Koniag region:
 - Medical Care
 - Dental Care
 - Specialty Clinic access
 - o Behavioral Health services
 - o Free access to KANA gym

Kodiak Job Center

(See Listing Under Employment Services)

Property Tax Exemptions for Disabled Veterans

710 Mill Bay Rd.

Contact.....(907)486-9324

- Exempt from taxation on the first \$150,000 of assessed valuation
- Must be occupied and primary residence
- Disability rating of 50% of higher from VA

Veterans of Foreign Wars – VFW Post 7056 Robert Lee Spencer Memorial Post

Location: 550 Monashka Bay Road

Mailing: PO Box 404 Website: <u>www.vfw.org</u>

Contact.....(907) 486-3195

- Meeting Location: 8625 Monashka Road
- 7:00pm 2nd Tuesday of month
- Post contains: Club room and Voice of Democracy