Learn & Grow Training List

This document outlines all the required Learn & Grow Trainings and how to access/complete them. It also includes an appendix of supportive resources.

Level 1 & 2 Training: These trainings are specific, there are no alternative ways to complete these trainings other than what is listed in this document.

Level 3 & 4 Training Topics: Each topic requires a minimum number of training hours. Educators may need to complete more than one training course to meet the minimum hours requirement. The trainings included in this document are approved to meet each topic areas. Educators may also submit trainings not listed on this document for consideration by completing this form: https://thread.tfaforms.net/110.

Level 3-5 Specific Trainings: Starting at Level 3, there are specific training requirements for Ages & Stages (ASQ) and Teaching Strategies Gold (TSG). Additionally, staff must complete training specific to the curriculum used by the program.

Tracking Training:
- All thread trainings will automatically be entered into an individual's Alaska SEED profile.
- Individuals will need to upload all non-thread training certificates/transcripts to their Alaska SEED profile, located in the ServicePortal.

Training Costs:
- All Level 1 & 2 trainings are FREE to Learn & Grow Programs.
- Level 3 & 4 trainings offered by thread are FREE to Learn & Grow Programs. External agency training costs will vary.
- **Alaska SEED** provides financial supports to assist educators with training and education costs. Visit https://www.threadalaska.org/seed/financial-support to learn more.
- **ProSolutions:** thread is providing FREE access to ProSolutions for a limited time. Complete this form https://thread.tfaforms.net/172 to request access. This is a first come, first served resource through March, 2025.

Appendix A: Training Organizations and Weblinks

Appendix B: Degree and Alaskan Universities' Related Courses Information

Appendix C: Instructions for Accessing Training on the Department of Health Website

Appendix D: Alaska Early Childhood Administrator Credential Additional Trainings

Updated 10/01/2024

Level 1 Training (Training is FREE)

Learn & Grow 101

https://learn.dhss.alaska.gov/ (1hr)

Level 2 Training (All trainings are FREE)

Introduction to Alaska Early Learning Guidelines

https://learn.dhss.alaska.gov/ (1hr)

**Many UA courses count towards this training. Please see Appendix B for a complete list.*

Introduction to Alaska Early Childhood Core Knowledge and Competencies

https://learn.dhss.alaska.gov/ (2hrs)

Introduction to Pyramid Model (Select one option)

- Via thread: https://bit.ly/3Z6lNLl (6hrs) - Offered twice per year**
- Via The Pyramid Model Consortium
  1. Infant/Toddler Pyramid Model Training Series.
  Register here: https://self-signup.trifoia.com/pyramid
  Free access with token: PFSJP-QUZ9-PRAF
  2. Preschool Pyramid Model Training Series
  Register here: https://self-signup.trifoia.com/pyramid
  Free access with token: PPSJN-BACV-JLCF
  Only the Introduction Module is required for Learn & Grow Level 2

**Administrators participating in Learn & Grow Working on Level 2 Cohort may complete "Essential Leadership Strategies for Adopting the Pyramid Model with Fidelity" which also meets this requirement.*

Strengthening Families (Select one option)

- Via thread: https://bit.ly/3Z6lNLl (6hrs) - Offered twice per year**
- Via Child Welfare Academy/UAA: https://bit.ly/4cVy494 (12hrs) - Availability varies
- Via ProSolutions: https://bit.ly/3Xxpita (13hrs)
  – Must complete all 7 modules:

  1. Bringing Protective Factors Framework to Life in Your Work: Introduction and Overview
  2. Concrete Support
  3. Knowledge of Parenting and Child Development
  4. Parental Resilience

  5. Social and Emotional Competence of Children
  6. Social Connections
  7. Strengthening Families: Wrap Up: Moving from Knowledge to Action

Level 3 Training

Reduction of Exclusionary Practices (Complete a minimum of 2hrs)

- Trainings via thread (FREE)
  - Reduction of Exclusionary Practices (2hrs) - Offered twice per year
- ProSolutions Trainings
  - Preventing Preschool Expulsion (1hr)
- Quorum Trainings
  - To Expel or Not to Expel (4hrs)
- NCPMI Trainings (FREE)
  - What Works in Reducing Suspensions and Dis-proportionality: The Pyramid Model (1hr)
  - Early Childhood Suspensions: The Impact on Families (1hr)
  - Having Conversations about Race, Bias, and Equity (1hr)
  - Let's Talk! Preschool Suspensions: That is What We Know (1hr)

Introduction to Coaching (Complete a minimum of 2hrs)

- Trainings via thread (FREE)
  - Introduction to Coaching (2hrs) - Offered twice per year
- ProSolutions Trainings
  - A Deeper Dive into the Elements of Coaching (2hrs)
- Pyramid Model Consortium Trainings
  - Practice Based Coaching (8hrs)
- NCPMI Trainings (FREE)
  - The Power of Practice Based Coaching Support in Early Educators use of the Pyramid Model (1hr)
  - Coaching Conversations: Sharing the Teacher's Perspective (1hr)
- Early Childhood Investigations Webinars (FREE)
  - The Keys to Effective Practices-Based Coaching: A Framework for Early Childhood Leaders (1.5hrs)
- Head Start ECLKC Trainings (FREE)
  - Practice-Based Coaching (5hrs) - Located in iPD section
  *Must complete all modules

Introduction to Early Childhood Observation & Assessment (Complete a minimum of 2hrs)

- Trainings via thread (FREE)
  - Do You See What I See (2hrs) - Offered twice per year
- ProSolutions Trainings
  - Assessment Tools (1hr)

– Observation and Assessment: Documenting Children's Progress (1hr)
– An Administrator's Overview of Assessment in Early Care and Education (1hr)
- Quorum Trainings
    – Objectives for Development and Learning TSG (10hrs)
    – Introduction to My Teaching Strategies (2hrs)
- Early Childhood Investigations Webinars (FREE)
    – The Child Assessment Evolution: Controversy and Practice Explored (1.5hrs)
- SafeGard Classes
    – Observation & Assessment (8hrs)

**Teaching Strategies Gold (TSG) Inter-Rater Reliability also meets this training topic requirement.

Inclusion Practices (Complete a minimum of 3hrs)

- Prosolutions Trainings
    – Inclusion and Children with Special Needs (3hrs)
    – Understanding Inclusion in Early Childhood Settings (1hr)
    – Understanding Autism: An Overview of Symptoms and Characteristics Across Spectrum (1hr)
    – Individualized Education Plan (IEP): Planning for School Success (1hr)
    – An Administrator's Overview of Special Needs in the Early Care and Education Program
- Quorum Trainings
    – Basics of Inclusion (3hrs)
- NCPMI Trainings (FREE)
    – Indicators of High-Quality Inclusion: A Comprehensive Set of Tools (1hr)
- Division for Early Childhood (FREE)
    – Foundations of Inclusion (5hrs)
    – Weaving Inclusion into Everyday Activities (5hrs)

Culturally Responsive Practices (Complete a minimum of 2hrs)

- Trainings via thread (FREE)
    – Culturally Responsive Teaching Practices (4hrs) - Offered twice per year
- ProSolutions Trainings
    – Diversity and Differences: An Anti-Bias Approach to Teaching Diversity (2hrs)
    – Diversity and Differences: An Anti-Bias Approach to Teaching Diversity: Family Child Care (2hrs)
    – An Anti-Bias Approach to Program Development (2hrs)
- Quorum Trainings
    – Honoring all Families (4hrs)
- Pyramid Model Consortium Trainings
    – Culturally Responsive Practices to Reduce Implicit Bias, Dis-proportionality, Suspension & Expulsion (2hrs)

**thread's training meets the requirement for both Culturally Responsive Practice and Implicit Bias

Implicit Bias (Complete a minimum of 2hrs)

- Trainings via thread (FREE)
  – Culturally Responsive Teaching Practices (4hrs) - Offered twice per year
- ProSolutions Trainings
  – Leveling the Field: Equity in Early Childhood Education (1hr)
  – Understanding Implicit Bias (1hr)
- Quorum Trainings
  – All are Welcome: Creating a Classroom Community (5hrs)
- Early Childhood Investigations Webinars (FREE)
  – Pushing Past Bias and Challenging Classroom Behaviors (1.5hrs)

**thread's training meets the requirement for both Culturally Responsive Practice and Implicit Bias

Introduction to Early Childhood Curriculum (Complete a minimum of 2hrs)

- ProSolutions Trainings
  – Curriculum the Foundation of a Strong Education Program (1hr)
  – Lesson Planning for Young Children (1hr)
  – What is Curriculum in Early Care and Education? A Director's Overview (1hr)
- Quorum Trainings
  – Curriculum Unpacked (4hrs)

Level 4 Training

Introduction to ACES (Complete a minimum of 2hrs)

- Department of Education & Early Development Training (FREE)
  – Overcoming ACES in Alaskan Schools (2hrs)
- Better Kid Care Trainings
  – Self-Care for ECE Professionals who Care for Children Impacted by ACES (2hrs)
  – Addressing ACES with Brain-Based Approaches to Trauma-Informed Care (2hrs)
- UAA Center for Human Development Training
  – Adverse Childhood Experiences (2hrs) - Availability varies

Early Childhood Trauma Informed Care (Complete a minimum of 5hrs)

- ProSolutions Trainings
  – Trauma-Informed Care & The Pyramid Model (5hrs)
  – Mental Health and Trauma Effects in Children (5hrs)
  – Building a Path to Empowerment: The Trauma-Informed and Asset-Informed Classroom (1hr)
  – Family Engagement During Times of Stress and Trauma (1hr)
  – Prioritizing Mental Health: A Roadmap for Resilience After Trauma (1hr)
  – Secure Connections: The Relationship Between Trauma and Attachment Styles (1hr)
  – Trauma-Informed Practice for Professionals Working with Foster
- Pyramid Model Consortium Trainings
  – Trauma-Informed Care & The Pyramid Model (5hrs)
- Department of Education & Early Development Training (FREE)
  – Trauma - Engaged and Practicing Schools (1hr 45mins)
  – Trauma - Engaged Infant and Early Childhood Mental Health (2hrs)
  – Trauma - Sensitive Schools (1hr 15mins)
  – Self-Care for Educators (45mins)
  – Overcoming Stress and Anxiety in Alaskan School (1hr)
- Full Facilitated Attuned Interaction (FAN) Training - Availability varies

Level 3-5 Specific Trainings

Ages & Stages Questionnaire (3hrs)

- Via thread by Invite - Availability varies
- Via DEED by Invite - Availability varies

Level 3: *Required for Program administrator, or designated staff*
Level 4: *Lead Teachers*
Level 5: *Remaining Teaching Staff*
Any staff communicating ASQ results to families must complete the ASQ training first.

Teaching Strategies Gold (TSG) Training

Choose and complete one of the following options (available from TSG online account):

- Option 1: Introducing My Teaching Strategies (2hrs) and The Power of Gold (2hrs)
- Option 2: Inter-Rater Reliability

Level 4: *Required for administrators and lead teachers*
Level 5: *Remaining teaching staff*

Any staff entering child assessment info in TSG, must have Inter-Rater Reliability.

Training on Specific Curriculum(s) Used by the Program

- Training hours and cost may vary based on curriculum tool
- The Training will count for Learn & Grow, but may or may not be approved for Alaska SEED Career Ladder advancement.
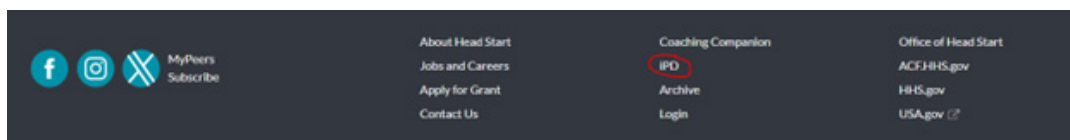
Level 4: *Required for administrators and lead teachers*
Level 5: *Remaining teaching staff*

Appendix A

Training Organizations and Weblinks

- Trainings from thread: https://bit.ly/3Z6lNLI

- ProSolutions Trainings: https://bit.ly/4d0IlRd

- Pyramid Model Consortium Trainings: https://www.pyramidmodel.org/

- NCPMI Trainings: https://challengingbehavior.org/

- Early Childhood Investigations Webinars: https://www.earlychildhoodwebinars.com/

- SafeGard Classes: https://sgclassesonline.com/

- Quorum Trainings: https://bit.ly/4goq3w2

- Department of Education & Early Development Training: https://education.alaska.gov/elearning

- Better Kid Care Trainings: https://extension.psu.edu/programs/betterkidcare

- UAA Center for Human Development Training: https://bit.ly/3B294Qf

- Head Start ECLKC Trainings: https://eclkc.ohs.acf.hhs.gov/

  – You will need to create an account first

  – Located in the iPD section in the footer of the home page

Appendix B

Degree and Alaskan Universities' Related Information

- **Early Childhood Education Degrees**
  - Individuals holding an associate or bachelor's degree in Early Childhood Education, Child and Family studies or Early Childhood Special Education meet the requirement for Introduction to Observation & Assessment, as well as Introduction to Early Childhood Curriculum.
  - Individuals holding an associate or bachelor's degree in Early Childhood Special Education meet the Inclusion Practices requirement.
- **Alaska Teaching Certificate:** Individuals who have obtained an Alaska Teaching Certificate meet the requirements for Culturally Responsive Practices.

Learn & Grow Level 2 Alaskan University/College Course Options

Introduction to Alaska Early Learning Guidelines
- UAF:
  - ECE 101: Introduction to Early Childhood Profession
  - ECE 320: Environment and Curriculum for Infants and Toddlers
  - ECE 350: Play: Foundation for Development
  - ECE 420: Developing Literacy in the Early Years
  - ECE 430: Fine Art for the Early Years
  - ECE 440: Exploring Math and Science
- UAA:
  - EDEC A105: Intro to Early Childhood Education
  - EDEC A106: Creativity in the Arts in Early Childhood
  - EDEC A107: Child Development and Learning
  - EDEC A108: Health, Nutrition, and Wellness for Children Birth-12

Learn & Grow Level 3 Alaskan University/College Course Options

Introduction to Observation & Assessment
- UAF:
  - ECE F235: Screening, Assessment and Recording
  - ECE F345: Screening, Assessment and Data Collection Tools
  - ECE F360: Assessment in Early Childhood
- UAA:
  - EDEC A407: Observation, Documentation, and Assessment of Young Children

Introduction to Early Childhood Curriculum
- UAF:
  - ECE F213: Curriculum: Thinking, Reasoning, and Discovery
  - ECE F310: Constructive Curriculum

– ECE F320: Environment and Curriculum for Infants and Toddlers
– ECE F119: Curriculum 1: Principles & Practices
- UAA:
  – EDEC A206: Integrated Curriculum for Young Children
  – EDEC A206: Interdisciplinary Curriculum for Young Children
- Ilisagvik College:
  – Building Meaningful Curriculum

Culturally Responsive Practices
- UAF:
  – ECE F120: Culture, Learning and the Young Child
  – ED 101: Orientation to Alaska Native Education
  – ANTH 242: Native Cultures of Alaska
- Ilisagvik College:
  – ANTH 242: Native Cultures of Alaska
  – ANTH 100: Individual Society and Culture

Introduction to Inclusionary Practices
- UAF:
  – ECE F240: Inclusion of Children with Special Needs
  – EC 230: Alternate Fall Introduction to the Exceptional Child
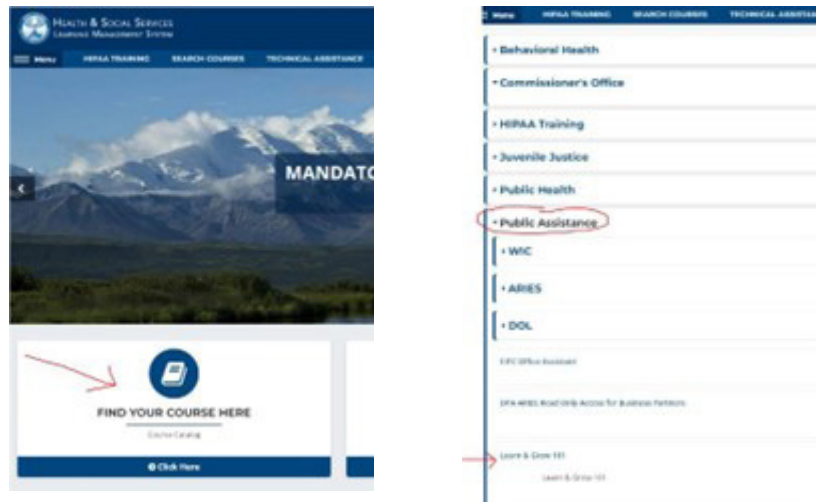- UAA:
  – EDEC A303: Young Children in Inclusive Settings

Appendix C

Accessing Learn & Grow Trainings on the Department of Health Website
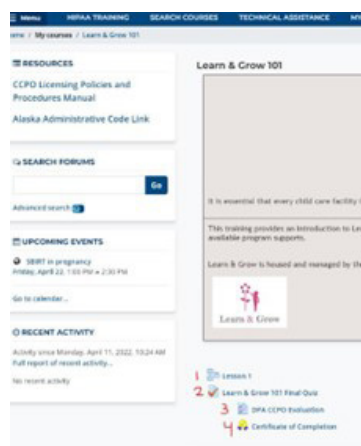
Quick Link: https://learn.dhss.alaska.gov/

Once on this site, providers will need to create an account and then sign in.

The Learn & Grow training can be found by clicking on "Find Your Course Here" and then under the "Public Assistance" section.

Providers will need to complete Lesson 1, the Final Quiz and the DPA CCPO Evaluation before they are able to download/print their Certificate of Completion (pictured below).

Providers should then upload this final certificate to their Alaska SEED profile, located in the ServicePortal.

Appendix D

Alaska Early Childhood Administrator Credential Additional Trainings

In addition to completing all the Learn & Grow Level 2 trainings, administrators must complete trainings on the following topics:

- Fiscal Management
- Human Resources (Center Administrators Only)

To apply and/or view additional information and requirements for this credential, please visit: https://bit.ly/4ezWM0b

Fiscal Management

- Strengthening Business Practices
  – Via thread (availability varies)
- AIM4Excellence National Director Credential - Module 5: Building a Sound Business Strategy (16 hours)
  – Via McCormick Center for Early Childhood Leadership: https://bit.ly/3ZVNlUg
- Budgeting for Success & Reach Your Financial Goals (4 hours)
  – Via SafeGard (must complete both trainings): https://sgclassesonline.com/
- ECE 340: Financial Management of Early Childhood Programs
  – Via University of Alaska, Fairbanks (availability varies) https://bit.ly/3BO5Aks

  *Pre-requisites required

Human Resources (Center Administrators ONLY)

- AIM4Excellence National Director Credential - Module 1-4
  – Via McCormick Center for Early Childhood Leadership: https://bit.ly/3zUMKYv

  Must complete all 4 modules (64 hours):
  1. Leading the Way
  2. Recruiting, Selecting and Orienting Staff
  3. Promoting Peak Performance
  4. Managing Program Operations

- Combination of SafeGard Courses
  – Via SafeGard
  https://sgclassesonline.com

  Must complete all 8 classes (10 hours):
  1. Hiring Techniques
  2. Marketing Your School
  3. Personnel Policy
  4. Program Management
  5. The Director 1: Roles & Responsibilities
  6. The Director 2: Managing Teachers
  7. The Director 3: Policies & Procedures
  8. The Director 4: Employee Handbook
- ECE F341: Personnel Management in Early Childhood
  – Via University of Alaska, Fairbanks (availability varies)
  https://bit.ly/3BO5Aks

  *Pre-requisites required