

# Alaska Early Childhood Relationship Based Professional Development Coach and EC Content Training

This document serves as a reference document to guide Relationship Based Professional Development (RBPDP) applicants as they complete coach and early childhood (EC) content trainings. Except for RBPDP I Early Childhood Trainings, coach and EC content trainings listed are a starting point for possible trainings. Please be mindful of the training hour minimum requirements. If you have questions about a training you have completed or are thinking about completing which is not listed please complete this online form: [Request for Training Review \(tfaforms.net\)](https://thread.tfaforms.net). If you work in a licensed child care or Department of Education & Early Development Pre-elementary or Head Start program and need access to a ProSolutions membership, please complete this online form: <https://thread.tfaforms.net/172>.

## RBPDP I – Targeted Support Specialist

### RBPDP I – Coach Trainings

- Coaching 101/Introduction to Coaching
- Implicit Bias
- Culturally responsive practices
- Utilizing Adult-Learning Theory to Cultivate Positive Coaching Relationships via ProSolutions

### Coaching 101/ Introduction to Coaching (2 hour minimum)

1. Introduction to Coaching
  - 2 hrs FREE training credit
  - [www.threadalaska.org/training](http://www.threadalaska.org/training) - offered 2 times a year on **thread** training calendar **OR** work with classroom coach to provide for individual programs as part of Group Coaching participation.
2. [Resources to support Practice Based Coaching & How the Head Start Coaching Companion Can Work for You](#) (May have to complete at least 2 webinars from this website to = 2 hrs. Make sure to obtain a training certificate.)
  - 2 hrs FREE training credit
3. [A Deeper Dive Into the Elements of Coaching](#)
  - 2 hrs training credit. Accessible for FREE with ProSolutions membership.
4. [The Keys to Effective Practice Based Coaching: A Framework for EC Leaders](#)
  - 1.5 hrs FREE training credit – will need 30 more minutes
5. Coaching in Early Childhood – Dathan Rush and M’Lisa Sheldon
  - <https://www.earlychildhoodwebinars.com/webinars/coaching-in-early-childhood-by-dathan-rush-and-mlisa-shelden/>
  - 1.5 hrs FREE training credit – will need 30 more minutes

### Implicit Bias (2 hour minimum)

1. [Anti-Racist Classrooms – All Are Welcome: Creating a Classroom Community](#)
  - 5 hrs training credit for \$30 (Eligible for Alaska SEED reimbursement)
2. [Pushing Past Bias and Challenging Classroom Behaviors: Changing Children’s Behavior Starts with Changing Ourselves](#)
  - 1.5 hrs FREE training credit – will need 30 min more
3. [Leveling the Field: Equity in Early Childhood Education](#)
  - 1 hr training credit – will need 1 more hour. Accessible for FREE with Pro-solutions membership.

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## **Culturally Responsive Practices (2 hour minimum)**

1. Culturally Responsive Teaching Practices
  - 3 hrs in combination with **thread's** Implicit Bias training. Even though there is a 2 hour minimum training requirement for both Culture and Implicit Bias if completing the **thread** 3 hour training.
  - [www.threadalaska.org/training](http://www.threadalaska.org/training) – offered 4 times a year
2. [Honoring All Families](#) (available in Spanish)
  - 4 hrs training credit for \$30 (Eligible for Alaska SEED reimbursement)
3. Each of the following are 2 hour training credits and accessible for FREE with ProSolutions membership
  - [Diversity and Differences: An Anti-Bias Approach to Teaching Diversity](#)
  - [Diversity and Differences: An Anti-Bias Approach to Teaching Diversity: Family Child Care](#)
  - [An Anti-bias Approach to Program Development](#)
4. University of Alaska courses on Culture (there could be others)
  - Culture, Learning, and the Young Child (ECE F130 @ UAF)
  - Orientation to Alaska Native Education (ED 101 @ UAF)
  - Native Cultures of Alaska (ANTH 242 @ UAF and @ Ilisagvik College)
  - Individual Society and Culture (ANTH 100 @ Ilisagvik College)
5. Non-University of Alaska course work
  - Will vary by individual

## **Utilizing Adult-Learning Theory to Cultivate Positive Coaching Relationships via ProSolutions**

- [https://www.prosolutionstraining.com/store/product/index.cfm?tDisplayAdd=1&tProductVersion\\_id=1675&CatalogFilter\\_id=0&tCatalogFilterType\\_id=](https://www.prosolutionstraining.com/store/product/index.cfm?tDisplayAdd=1&tProductVersion_id=1675&CatalogFilter_id=0&tCatalogFilterType_id=)
- No alternative to this training

## **RBPD I – Early Childhood Related Trainings**

- Intro to Pyramid Model (*includes TPOTS/TPITOS overview*) or equivalent school-age social emotional framework
- Strengthening Families
- Intro to Alaska Early Childhood Core Knowledge & Competencies (CKC)
- Intro to Alaska Early Learning Guidelines (ELG)

## **Introduction to Pyramid Model**

- 6-18 hrs FREE training credits (depends on how many modules complete)
  - <https://www.pyramidmodel.org/online-courses-epyramid/>
  - Work with **thread** coach to gain access code
- OR**
- 6 hrs FREE training credits
  - [www.threadalaska.org/training](http://www.threadalaska.org/training) – offered 2 times a year

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## **Introduction to Strengthening Families**

- 13 hrs training credit – (*NOTE: could take less time to complete*)
- Accessible for FREE with ProSolutions membership

**OR**

- 6 hrs FREE training credits
- [www.threadalaska.org/training](http://www.threadalaska.org/training) – offered 2 times a year

## **Introduction to Alaska Early Childhood Core Knowledge & Competencies (CKC)**

- <https://learn.dhss.alaska.gov/>
- Access CKC same place as Learn & Grow Level 1 training.
- 2 hrs FREE training credits

## **Introduction to Alaska Early Learning Guidelines (ELG)**

- <https://learn.dhss.alaska.gov/>
- Access ELG same place as Learn & Grow Level 1 training.
- 2 hrs FREE training credits

## RPBD II- Consultation Specialist

### **RPBD II – Coach Trainings**

- 12 hours of Relationship-Based Coaching training

**NOTE:** There are a variety of trainings that would meet this requirement. As long as the training or combination of coach trainings = 12 hours (2 of the 12 hours can be from the RPBD I coach training).

### **Practice Based Coaching**

1. [Practice Based Coaching](#)
  - 8 hrs training credit for \$49 (Eligible for Alaska SEED reimbursement)
2. Practice-Based Coaching training provided by Federal Office of Head Start or Office of Child Care
  - Most often this is a private training arranged by **thread** or a Head Start program with their federal TA center
  - No set time when these trainings are offered
  - Generally, this has been at least a 2-day training
3. Pyramid National Training Institute (NTI) conference
  - Often have a Practice Based Coach Training as a pre-conference session
  - Generally, this has been at least a 2-day pre-conference session = 12 hrs
4. [Gerety Education Team](#)
  - 4 days, 3 hrs each day
  - \$490
5. **Coaching**
  - Anchorage School District sponsored Cognitive Coaching series in the early 2000's

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6. [The Art & Science of Coaching: The Essentials Course](#)
  - 16 live online sessions each 3 hours and 15 minutes or 8 days of training
7. [Circle of Security Tier I Facilitation Training](#)
  - 16 hrs
8. Short Facilitated Attuned Interaction (FAN) Training (will need additional training hours)
  - 3 hrs
  - Available via agency training sponsorship
  - Contact **thread** coach to find out when, where, and cost of this training

## **RBPD II – Early Childhood Related Trainings**

- ACEs Overview
- Intro to Trauma-Informed Care
- Developmental Screening and Monitoring including training on specific screening tools (*if working in a 0-5 program; school-age exempt*)
- Training(s) in EC child assessment and curriculum **OR** school-age curriculum equivalent. (*school-age exempt from assessment*)

## **ACEs Overview (2 hour minimum)**

- [Overcoming ACEs in Alaskan Schools](#) Part I & II

## **Introduction to Trauma-Informed Care (2 hour minimum)**

1. [Trauma-Engaged](#) (pick 2 of the following)
  - Trauma-Engaged and Practicing Schools (3 of 3-part series)
  - Trauma-Engaged Educators Guide
  - Trauma-Engaged Infant and Early Childhood Mental Health (3 modules)
  - Trauma-Sensitive Schools (2 of 3-part series)
  - Self-Care for Educators
  - Overcoming Anxiety and Stress in Alaskan Schools
2. [Trauma-Informed Care & the Pyramid Model](#)
  - 5 hrs training credit. Accessible for FREE with ProSolutions membership.
3. [Trauma-Informed Care & the Pyramid Model](#)
  - 5 hrs training credit for \$39 (Eligible for Alaska SEED reimbursement)
4. [Mental Health and Trauma Effects in Children](#)
  - 5 hrs training credit. Accessible for FREE with ProSolutions membership.
5. Each of the following are 1 hour trainings. Pick at least 2. ALL are accessible for FREE with ProSolutions membership.
  - [Building a Path to Empowerment: The Trauma-Informed and Asset-Informed Classroom](#)
  - [Family Engagement During Times of Stress and Trauma](#)
  - [Prioritizing Mental Health: A Roadmap for Resilience After Trauma](#)
  - [Secure Connections: The Relationship Between Trauma and Attachment Styles](#)
  - [Trauma-Informed Practice for Professionals Working with Foster Children](#)

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## **Developmental Screening and Monitoring including training on specific screening tools** *(if working in a 0-5 program; school-age exempt)*

### Overview of Developmental Screening, Monitoring and Referral

- 2 hrs of FREE training; **BOTH** trainings are required.
- [Watch Me! Learn the Signs Act Early](#)
- [Training | Help Me Grow \(helpmegrowak.org\)](#)

### **AND**

### Training on the specific developmental and/or social emotional screening tool the program is using.

1. Ages and Stages Questionnaire
  - 3 hr training credit
  - [www.threadalaska.org/training](http://www.threadalaska.org/training)
  - Stay tuned for access to additional ASQ trainers and training via Department of Education and Early Development

## **Training(s) in EC child assessment and curriculum OR school-age curriculum equivalent. (school-age exempt from assessment)** **(2 hour minimum)**

### Overview of EC child assessment

1. University/college in Alaska courses specific to EC assessment/observation.
  - Observation, Documentation, and Assessment of Young Children (EDEC A407 @ UAA)
  - Screening, Assessment and Recording (ECE F235 @ UAF)
  - Screening, Assessment and Data Collection Tools (ECE F345 @UAF)
  - Assessment in Early Childhood (ECE F360 @ UAF)
2. [Observation & Assessment Critical to Childcare](#)
  - 8 hrs training credit for \$69 (Eligible for Alaska SEED reimbursement)
3. Introduction to My Teaching Strategies **OR** Objectives for Development and Learning TSG
  - Each are 2 hrs FREE training credit
    - Child care programs work with **thread** coach to access (only for programs working on Level 3).
    - DEED programs work with Supanika Ordonez to access.
4. [The Child Assessment Evolution: Controversy and Practice Explored, by Shannon Lockhart and Anna Marrs - Early Childhood Webinars](#)
  - 1.5 hrs FREE training credit – will need 30 more minutes
5. [Assessment Tools](#)
  - 1 hr training credit – will need 1 more hour. Accessible for FREE with ProSolutions membership
6. Each of the following is 1 hour training credit. Will need to complete both. Accessible for FREE with ProSolutions membership.
  - [Observation and Assessment: Documenting Children's Progress](#)
  - [An Administrator's Overview of Assessment in Early Care and Education](#)

**NOTE:** Recommended but not required to complete more comprehensive training on the specific child assessment tool the program uses.

### Overview of EC Curriculum

1. University/college in Alaska courses specific to EC curriculum and/or lesson plan development.
  - Curriculum: Thinking, Reasoning, and Discovery (ECE F213 @ UAF)
  - Integrated Curriculum for Young Children (EDEC A206 @ UAA)
  - Interdisciplinary Curriculum for Young Children (EDEC A206 @ UAA)
  - Constructivist Curriculum (ECE F310 @ UAF)

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- Environment and Curriculum for Infants and Toddlers (ECE F320 @ UAF)
- Curriculum 1: Principles & Practices (ECE F119 @ UAF)
- Building Meaningful Curriculum (Ilsagvik College)
- Assessment of Infants & Toddlers in Early Childhood Special Education (EDSE A610Y @ UAA)
- Assessment in Preschool Special Education (EDSE A611Y @ UAA)

Check with **thread** coach about University Courses outside of Alaska that may count for Intro to EC Curriculum.

## 2. [Curriculum Unpacked](#)

- 4 hrs training credit for \$30 (Eligible for Alaska SEED reimbursement)

3. The following ProSolutions trainings are 1 hour each. Will need to complete at least 2 of the following:

- [Curriculum: The Foundation of a Strong Educational Program](#)
- [Lesson Planning for Young Children](#)
- [What is Curriculum in Early Care and Education? A Director's Overview](#)

**NOTE:** Recommended but not required to complete more comprehensive training on the specific EC curriculum the program uses.

## RBPD III A & B - Coach Specialist

### RBPD III (A & B) Coach Trainings

- 40 hours of Relationship-Based Coaching training

**NOTE:** There are a variety of trainings that would meet this requirement. As long as the training or combination of coach trainings = 40 hours (12 of the 40 hours can be from the RBPD II coach training). Could be a combination of Practice Based Coaching (multi-day training) + other.

1. Dynamic Coaching <https://dynamiccoachingsystems.com/coaching-certificate/>
2. International Coaching Federation <https://coachingfederation.org/>
  - Associate Certified Coach (ACC) from the International Coaching Federation (ICF)
  - Professional Certified Coach (PCC) from the International Coaching Federation (ICF)
  - Master Certified Coach (MCC) from the International Coaching Federation (ICF)
3. Erickson has coach training pathways that help folks to achieve the three ICF coaching levels. <https://www.erickson.edu/en/home>
  - [The Art & Science of Coaching: The Essentials Course](#)
  - 16 live online sessions each 3 hours and 15 minutes or 8 days of training
4. Cognitive Coaching: Anchorage School District sponsored Cognitive Coaching series in early 2000's
5. [Reflective Supervision/Consultation Learning Offerings: Collaboratives, Training Series, & Materials](#)
  - Individuals responsible for these trainings on their own
6. [Circle of Security Tier 2 Coach Training](#)
  - Prerequisite: Completed Circle of Security Tier 1 Facilitator training
7. Full Facilitated Attuned Interaction (FAN) Training
  - 18 hrs + 6 hrs reflective supervision
  - Available via agency training sponsorship
  - Contact **thread** coach to find out when, where, and cost of this training
8. [Reflective Supervision Learning Offerings — allianceaimh](#)
  - Note this training is offered as an add on for individuals completing an Infant/Early Childhood Mental Health (IECMH) [Endorsement](#)



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## RPBD III A and III B – Early Childhood Related Trainings

### RPBD III A (Practitioner/Teacher)

- Inclusionary Practices
- Preventing Expulsion & Suspension
- Trauma-Informed Care
- Tier 3 Positive Behavioral Supports (e.g. Pyramid Modules 3 & 4, PTRY-C Level, or school-age equivalent) including use of Behavior Incident Reports (BIRs)

### RPBD III B (Program/Administration)

- RPBD III A training
- Program leadership training
- Overview of Implementation Science

### Inclusionary practices (2 hour minimum)

1. There are several university courses on EC inclusion that would meet this training requirement.
  - Young Children in Inclusive Settings (EDEC A303 @ UAA)
  - Inclusion of Children with Special Needs (ECE F240 @UAF)
  - Alternate Fall Introduction to the Exceptional Child (EC 230 @ UAF)
2. [Basics of Inclusion](#) also available in Spanish [Fundamentos De La Inclusion](#)
  - 3 hrs training credit for \$30 (Eligible for Alaska SEED reimbursement)
3. [Foundations of Inclusion](#)
  - 5 hrs FREE training credit
4. [Weaving Inclusion into Everyday Activities](#)
  - \$20 (Eligible for Alaska SEED reimbursement)
5. [Inclusion and Children with Special Needs](#)
  - 3 hrs training credit. Accessible for FREE with ProSolutions membership.
6. Introduction to Inclusionary Practices trainings. Each are 1 hour training credit. Will need to complete at least 2.
  - [Understanding Inclusion in EC Settings + Special Needs in the EC Classroom](#)
  - [Understanding Inclusion in EC Settings + Special Needs in Family Child Care](#)
  - [Understanding Autism: An Overview of Symptoms and Characteristics Across Spectrum](#)
  - [Individualized Education Plan \(IEP\): Planning for School Success](#)
  - [Indicators of High-Quality Inclusion: A Comprehensive Set of Tools](#)
  - [An Administrator's Overview of Special Needs in the Early Care and Education Program](#)

### Preventing Expulsion & Suspension (2 hour minimum)

1. 1 hr FREE training each. Complete at least 2 of the following:
  - [What Works in Reducing Suspensions and Disproportionality: The Pyramid Model - National Center for Pyramid Model Innovations \(challengingbehavior.org\)](#)
  - [Early Childhood Suspensions: The Impact on Families – National Center for Pyramid Model Innovations \(challengingbehavior.org\)](#)
  - [Having Conversations about Race, Bias, and Equity – National Center for Pyramid Model Innovations \(challengingbehavior.org\)](#)
  - [Let's Talk! Preschool Suspensions: This is What We Know – National Center for Pyramid Model Innovations \(challengingbehavior.org\)](#)

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2. The Impact of Suspension & Expulsion Practices
  - 2 hrs FREE training credit
  - [www.threadalaska.org/training](http://www.threadalaska.org/training) – offered 2 times a year

## **Trauma Informed Care (5 hour minimum)**

1. [Trauma-informed care & the Pyramid Model](#)
  - 5 hrs training credit. Accessible for FREE with ProSolutions membership.
2. [Trauma-informed care & the Pyramid Model](#)
  - 5 hrs training credit for \$39 (Eligible for Alaska SEED reimbursement)
3. [Mental Health and Trauma Effects in Children](#)
  - 5 hrs training credit. Accessible for FREE with ProSolutions membership.
4. Each of the following are 1 hour trainings. Must complete all 5. ALL are accessible for FREE with ProSolutions membership.
  - [Building a Path to Empowerment: The Trauma Informed and Asset-informed classroom](#)
  - [Family Engagement During Times of Stress and Trauma](#)
  - [Prioritizing Mental Health: A Roadmap for Resilience After Trauma](#)
  - [Secure Connections: The Relationship Between Trauma and Attachment Styles](#)
  - [Trauma-Informed Practice for Professionals Working with Foster Children](#)
5. [Trauma Informed Care at UAA Center For Human Development – Trust Training Cooperative](#)
  - Availability varies each year
6. [University of Alaska Anchorage School of Social Work](#) and [Special Education](#)
  - SWK A410 Trauma in Childhood – 3 credits
  - SWK A429 Trauma and Crisis Intervention in Social Work Practice – 3 credits
  - EDSE A677 Multidisciplinary Seminar in Children's Mental Health – 1 Credit
  - EDSE A691 Children's Mental Health Systems of Care – 3 Credits

## **Tier 3 Positive Behavioral Supports (e.g. Pyramid Modules 3 & 4, PTRY-C Level, or school-age equivalent) including use of Behavior Incident Reports (BIRs) (9 hour minimum)**

### Prevent-Teach-Reinforce for Young Children (PTR-YC)

- <https://www.pyramidmodel.org/online-courses-epyramid/>
- \$49 and 8 hrs of training

OR

- **thread** training – Not a standard training but may be arranged to offer

OR

- NTI Pyramid Conference (Florida or Northwest) usually have a pre-conference session on PTR-YC

### Behavior Incident Report (BIR) (each of the following are 1 hour)

- [Addressing Challenging Behavior through Data: Introduction to the BIRS](#)
- [Providing Supports to Classrooms and Children Using the Behavior Incident Report System \(BIRS\)](#)
- [Using the Behavior Incident Report System: I have an Equity Alert. Now What?](#)
- [Data Decision- Making Using the BIRS](#)
- [Addressing Challenging Behavior through Data: Implementing the BIRS in an Early Childhood Program](#)



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## Pyramid Modules 4, 5 and 6

- Available Summer 2024 for FREE @ <https://www.pyramidmodel.org/online-courses-epyrmaid/>
- Contact Meghan Johnson for code to access training for FREE

## **Program Leadership Training**

- Programs participating in Learn & Grow Level 1-2 Cohort receive Program Leadership Training
- **thread** will host Program Leadership Team Academy training as requested

## **Overview of Implementation Science** *(Complete all 8 lessons. Each lesson is approximately 1 hour)*

- Certificates are provided after each module. Upload to Alaska SEED registry profile.
- [Co-Learning](#)
- [Brokering](#)
- [Addressing Power Differentials](#)
- [Understanding Context](#)
- [Cultivating Leadership](#)
- [Building Teams](#)
- [Grow & Sustain Relationships](#)
- [Building Capacity](#)