



*we're  
ready*

There are so many things to take care of when you're expecting, including finding child care. **thread** is ready to help you find all your best child care options.

It's never too early to ensure that your child will have licensed care that is safe, healthy and playful. Begin your search today.

*Are you ready?*

**thread** connecting early care & education in alaska

FREE CHILD CARE REFERRALS AND PARENT SUPPORT

**thread**alaska.org

# Choosing a child care program is an important decision.

Consider the following when you are looking for licensed, safe, healthy and playful care.



## licensed

- **Does this program have a Child Care License in Alaska?**
- What education or special training has the child care teacher received? What is his/her experience working with children?
- Are there clearly written policies and expectations?
- How does this program engage parents?

## safe

- **Are children cared for at all times, even while sleeping?**
- Are cleaning supplies, medicines, and harmful items kept out of children's reach?
- How are children kept safe in the outdoor area?
- What is the plan for responding to emergencies and disasters? Is there someone present who has CPR and First Aid training?

## healthy

- **What healthy meals and snacks are offered?**
- Is the children's restroom clean and sanitary? Is the hand-washing area easily accessible to children and adults?
- How are children supported when they are having difficulties?
- How physically active are the children during the day?

## playful

- **What toys and games are available for children to play with (blocks, puzzles, etc)? Is there a variety?**
- Do classroom activities and schedules accommodate all children?
- What daily activities promote creative expression (singing, dancing, reading, making art, etc)?
- Are there regular community outings, such as field trips to the library or museum?

